# Program Objective

The primary objective of PLSC is to teach and train functional life skills (independent living skills, self-help skills, and social skills) in severely disabled adults. In addition to functional life skills, staff teaches vocational skills to promote the most independent lifestyle possible.

## Call Providence at

281-208-1117

or visit our web site at www.providencetreatmentcenter.com

for more information on our adult program or to schedule a tour of our facility.



#### **Providence Life Skills Center**

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# PROVIDENCE LIFE SKILLS CENTER

Building successful lives -



one client at a time

Providence Life Skills Center

www.providencetreatmentcenter.com

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# A Brief History of PLSC

In 2000, the Providence Life Skills Center was developed as adjunct facility to a day treatment program for children and in conjunction with the graduation of one of the day program's more challenging children into adult services.

# **Program Description**

Currently, the adults in the PLSC program have a variety of diagnoses ranging from self-injurious behavior to autism and schizophrenia. Our highly trained staff works with the individuals on functional living skills and vocational skills. Moreover, a main component of the program is community-based instruction (CBI), which promotes the generalization of skills into the community.

### **Activities**

We actively engage our adults in multi-sensory and multi-faceted learning experiences that not only aid in the teaching of skills, but also promote generalization to the community. The task work resembles real life situations and scenarios as much as possible. For example, PLSC has a "class store" where students can purchase goods and/or bag groceries. One important component of our program is community-based instruction (CBI). CBI gives the students an opportunity to generalize life and social skills while experiencing Houston area sights that many handicapped individuals often don't experience. The students go to the movies, to grocery stores, and to local restaurants. We have had CBI's to Miller Outdoor Theatre and taken a ride on the Metro Light Rail. Not only do these excursions make school more fun for the students, they also stimulate generalization of skills. incidental learning and communication.

# **Services Offered**

- Extended day
- Holiday care
- Free psychiatric consultations
- Individual and family counseling
- Reintegration training

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